

# Forearm Walker



Why use a forearm walker.  
As people age, walking becomes more difficult because joints become stiffer, and muscle strength declines. Arm and wrist resilience weakens. Maintaining a good posture while walking grows more difficult. Ageing diminishes motor control and cognitive functioning. Aches and pains become chronic. A walker that can help keep the user in an upright walking position can prolong mobility and promote healthier outcomes.

## SPECIFICATIONS:

Width inside handgrips:	50cm/19.7"
Overall depth:	70cm/27.5"
Seat height:	54cm/21.3"
Weight:	8.4kg/18.7lbs
Overall width:	61.5cm/24.2"
Seat area:	46X25cm/18.1"9.84"
Adjustable handle height:	109-121cm/42.9-47.6"
Front / rear wheel:	8" (PVC) / 8" (PVC)
Max. user weight:	136kg/300lbs
Frame colour:	Champagne



## FIVE BENEFITS OF A FOREARM WALKER

- 1) Reduces stress
- 2) Decreases pain
- 3) Provides safer mobility
- 4) Walk further, walk longer
- 5) Promotes user independence

